

Family/Consumer Education

This sequence chart will help you in the selection of courses to fulfill your family consumer educational goals.

- I. Exploring Family Foods 9-10-11-12
Exploring Professional Cooking 10-11-12
Food Science 21 10-11-12
Restaurant Cuisine & Meal Service 11-12
*HERO on the job 12
Self, Family & Relationships 10-11-12
- II. .Parents & Their Children 9-10-11-12
Children & Related Careers 11-12
Assistant Child Care Teacher 11-12
*HERO on the Job 12
Self, Family & Relationships 10-11-12
- III. Fashion Dynamics 9-10-11-12
Clothing & Fashion Careers 10-11-12
*HERO on the Job 12
Self, Family & Relationships 10-11-12
- IV. Housing & Design Careers 10-11-12
*HERO on the Job 12
Self, Family & Relationships 10-11-12
- V. Introduction to Health and Human Services Careers 10-11-12
*HERO on the Job 12
Self, Family & Relationship 10-11-12

Self Family, & Relationships (10-11-12) is recommended within any of the above programs and at any time (no prerequisites.) This course with “Family” as its central focus is the foundation within the Family and Consumer Education Program.

***HERO** (Home Economics Related Occupations) “on the job” is the Co-op Work Experience program to be proposed within the Family Consumer Education Department in the future.

**EXPLORING FAMILY
FOODS
9-10-11-12
(1/2 Credit - 1 Semester) 176
No Prerequisite**

**Articulated with
WITC campuses. See
note on Course #178**

Do you consider the effect of your food choices on yourself, others, and on the world? What impact do you have on the world’s food supply? This course offers a wide range of experiences with food. As a member of the class, you will not only develop abilities in preparing a variety of foods but also learn which foods will include a healthier future. Learning experiences include work with ethnic foods, nutritional needs, meal planning, weight management, and eating disorders. There will be tests, assignments and lab experiences. This course is your introduction to the next level class called Exploring Professional Cooking.

**EXPLORING
PROFESSIONAL COOKING
10-11-12
(1/2 Credit - 1 Semester)
177
*Prerequisite: Exploring
Family Foods**

**Articulated with
WITC campuses. See
note on Course #178**

Continue on your path of preparing delicious recipes and tasty food items. You can become skilled in the preparation of a number of foods like yeast breads, meats, and ice cream. Use your skills in food preparation and management to stage your own “in class” simulations of food service. Become acquainted with the careers available to you in the areas of food service from restaurant worker to occupational chef. Prepare and serve your food items to select clientele in your modified simulations. There will be tests, assignments and lab experiences. This Class will prepare you for the Restaurant Cuisine & Meal Service class to follow.

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**RESTAURANT CUISINE
AND MEAL SERVICE
11-12
(1 Credit - 1 Semester) 178**

***Prerequisite: Exploring
Professional Cooking**

The purpose of this one semester two-hour class is to prepare students for entry-level positions in food service jobs. Classroom study is coordinated with supervised experiences within the school setting through simulated occupational experiences. This course provides food service competencies, career education, and employability skills. You will be planning, preparing, and serving food in the "Inner Circle", which is the Family and Consumer Education classroom restaurant.

Note: Completion of Exploring Family Foods, Exploring Professional Cooking, and Restaurant Cuisine and Meal Service, with a minimum grade of "C", will allow you to receive credit for Food Basics (2 Credits) at WITC in Ashland or Rice Lake.

**CLOTHING AND
FASHION
9-10-11-12
(½ Credit - 1 Semester) 179**

No Prerequisite

Clothing and Fashion offers you a chance to develop those hidden artistic talents in ways that will add to your clothing choices. Besides learning construction techniques, you can be a vital part of the comprehensive fashion design unit. Consumer tips and hints in clothing selection and care are offered throughout the learning experience. You will sew clothing projects using construction skills.

**CLOTHING AND
FASHION CAREERS
10-11-12
(½ Credit - 1 Semester) 180**

***Recommended: Clothing
and Fashion**

Discover answers to your clothing problems with an understanding of wardrobe planning, textiles, and fabrics. Styles and fashion trends are analyzed in regard to their impact on today's designs and the high-tech fashion industry. Gain practical construction techniques and help develop your resource management skills. Learn about the opportunities that can prepare you for personal life skills and occupational goals in the fashion and textile industry as you simulate the clothing manufacturing process. This class also offers the student an opportunity to investigate career choices in relationship to the clothing field.

**SELF, FAMILY AND
RELATIONSHIPS
10-11-12
(1 Credit - 1 Year) 181
182**

No Prerequisite

Self, Family, and Relationships is the course for you. It presents a comprehensive approach to life in the new millennium. It will help you understand your development as an individual, as a family member, and as part of society. You will be able to evaluate all of life's alternatives which face you in today's world as well as give you valuable information to make your own decisions.

This course explores aspects of life: personality development, communication, wellness, relationships with family and friends, dating and life-styles, marriage, divorce, money management, family planning, parenthood, handling crisis, abuse, aging, and death. Practical information is given to help you deal with real life situations.

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PARENTS & THEIR CHILDREN

9-10-11-12

**(1 Credit - 1 Year) 183
184**

**Articulated with
WITC campuses.
Advanced standing
up to two credits.**

Parenthood is the most important and popular career choice in the world. The outcomes of parenting decisions will have far-reaching effects that will last throughout a lifetime. From the moment of birth, both parents and their children are constantly changing. This course will help students recognize children's stages of development and to realize how parents' roles change as their children grow. Being better prepared for parenthood is only one benefit of studying children. Parents and their children involve these subject areas: decisions of parenthood, pregnancy & childbirth, growth & changes during parenthood, as well as the challenges involved during parenthood. Adolescent parenthood, birth disorders, brain development and child abuse are issues that will be dealt with as a part of the family in today's society.

Advance standing credit will be received at WITC campuses for Child Development 307-301 (2 Credits) if the following conditions are met:

1. Achieve a final grade not lower than an A-.
2. Attendance not less than 90% of the total required semester hours.
3. If Parents and Their Children were taken during the freshman or sophomore year, an exam must be taken in the F/CE department and passed with not less than 90% before certification will be given.

CHILDREN & RELATED CAREERS

11-12

(1/2 Credit - 1 Semester) 185

***Recommended: Parents & Their Children**

**Articulated with
WITC campuses.
Advanced standing
possible.**

The purpose of this class is to explore careers in the child care service industry and partially complete the Assistant Child Care Teacher Program required for child care employment in WI.

The main focus will be on phases of growth and development from the toddler stage through adolescence and how parents and child care employees can better understand, adjust to, and stimulate children during these phases. A nursery school experience will allow students to apply classroom knowledge while working with and observing children. Course content includes the following areas: health & nutrition, discipline, child abuse & neglect, problem situations encountered by children, and community resources available for families and teachers. A Child Care career report will be completed.

*For advanced standing information see Assistant Child Care Teacher.

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FOOD SCIENCE 21
10-11-12
(1/2 Credit - 1 Semester) 189

No Prerequisite

Food Science 21 is an applied Food Science course that has a variety of applications to your everyday life. By applying what you learn about food and how it affects your body, you may develop a healthier life-style. At the same time, you may find an area of this many faceted field that you will choose to study further after leaving high school. Students will complete experiments, lab recaps and assignments that cover factors that are important in the science of food. This class will also utilize speakers & field trips to help learn the information.

**ASSISTANT CHILD CARE
TEACHER**
11-12
(1 Credit - 1 Sem-2 hr) 186
***Prerequisite: Children &
Related Careers**

**Articulated with
WITC campuses.
Advanced standing
up to four credits.**

The purpose of this class is to prepare students for entry-level positions in child care service jobs. Classroom study is coordinated with a supervised nursery school practicum in the school setting. Students apply classroom knowledge while working with & observing children at various stages of development. Students who successfully complete the course will receive certifications from the State of WI as evidence of successful completion of the Assistant Child Care Teacher Program.

Advanced standing credit will be received at WITC campuses for Learning Activities for Children 1 307-304 (2 credits) and Foundations of Early Childhood Education 307-325 (2 credits) if the following conditions are met:

1. Achieve a final grade not lower than an A-
2. Attendance not less than 90% of the total requires semester hours.

**HOUSING & DESIGN
CAREERS**
10-11-12
(1/2 Credit - 1 Semester) 187

No Prerequisite

Imagine being able to decorate your future home or apartment in the theme or style of your dreams! Let your interests in this area bring you to the selection of a career in the housing and design area. A future as an interior designer or a job related to home furnishings sales; maintenance or service may be your job choice. Field study experiences such as a visit to Glensheen or Fairlawn enhance the areas of study. This is truly the class for everyone who is conscious of the esthetics in their home environment.

**INTRODUCTION TO
HEALTH & HUMAN
SERVICES**
10-11-12
(1/2 Credit - 1 Semester) 188

No prerequisite

This course is designed for the student who wants to learn about various careers in the health field or who is planning a health or human services career. There are opportunities for students to do individual, small and large group activities both in the classroom and in the health care community. These experiences will help students clarify goals and plan their future careers.

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**F/CE INDEPENDENT
STUDY**

11-12

(1/2 Credit)

***Prerequisite: Teacher
approval and signature
required**

190

Students are able to further study an area of interest in family and consumer education in which they have completed supporting courses. The student can strengthen their critical thinking and decision making skills through in-depth projects in their interest areas with focus on self-analysis and career development.